

## 2009 CAMPWIDE AND ADULT ACTIVITIES

### Saturday

- 3:00-5:00 Check in  
3:00-5:00 Cookies and punch by Emerald Lodge  
3:00-5:00 Free Swim  
5:00-6:10 Dinner  
6:30-7:30 Orientation Meetings:  
Adults—Amphitheater  
Young Adults (16-25), Teens (13-15)—Aspen Lawn  
Cougars, Panthers, Wild Cats, Cubs (7-12)—Aspen Lawn  
Bobcats, Kittens, Trompers, Stompers (3-6)—Badminton Courts  
Romper (0-2)—Aspen Lodge (The Romper orientation meeting will be for the parents to meet the leaders and receive information. Please greet the leaders and then return to the adult meeting.)  
7:30-8:30 Opening Campfire-- Amphitheater (Bring jackets.)  
10:00 Store closes

### Sunday

- 8:00-9:00 am Breakfast—Both shifts  
9:30 Sacramento Meeting—Amphitheater  
10:45 Sunday School: Adults—Timpanogos Rooms A&B (Aspen Lodge 3<sup>rd</sup> floor)  
Youth—Tree Rooms (Aspen Lodge 2<sup>nd</sup> floor)  
Primary—Huish Activity Center  
11:50 Priesthood Meeting: Melchizedek—Pine & Spruce Rooms (Aspen Lodge 2<sup>nd</sup> floor)  
Aaronic—Pine & Spruce Rooms (Aspen Lodge 2<sup>nd</sup> floor)  
Relief Society—Timpanogos Rooms A&B (Aspen Lodge 3<sup>rd</sup> floor)  
Young Women—Aspen Room (Aspen Lodge 2<sup>nd</sup> floor)  
12:30-Blue Shift Lunch, **Family Photos following lunch (1:15)—Badminton Courts**  
1:15-Green Shift Lunch, **Family Photos before lunch (12:45)—Badminton Courts**  
1:00-3:00 Family Sharing Time (This time is for you and your family to use as you desire. Some suggestions: family nature walk, testimony time, gospel games, writing journals, etc. Board games may be checked out at the store. No physical sport activities will be open.)  
3:00-5:00 Age Groups meet for educational and recreational programs  
3:10-4:00 Adult Mixer—Timpanogos Room  
4:00-5:00 Adult Parenting Discussion—Timpanogos Room A  
5:00-Blue Shift Dinner  
5:45-Green Shift Dinner  
7:30 Fireside—Amphitheater (A church movie will be shown for the older children in Timpanogos Room A and a Disney movie will be shown in the Huish Activity Center for younger children. Children should be accompanied by an older sibling. No daycare provided.)

### Monday

- 7:00-8:00 Lap Swim  
7:30 Store opens  
7:30 Golf Simulator Orientation—Above Racquetball Court  
7:45 GPS Orientation—Basketball Court  
8:00-9:00 Breakfast—Both shifts  
9:30-12:00 pm Adults Ropes Course  
9:15 -12:00 Age Groups meet for educational and recreational programs  
9:15-12:00 Arts and Crafts Free Time  
9:30-11:30 Adult Programs (21 and older) Paint Ball—Above Tennis Courts (sign-up, no fee)  
9:30-10:30 Guest Lecture Seminar—Timpanogos Room A  
10:45-11:45 Guest Lecture Seminar—Timpanogos Room A  
11:45-12:30 Free Swim  
12:00-Blue Shift Lunch  
12:45-Green Shift Lunch  
1:30-3:00 Aspen Follies—Families meet on ball field

|                  |   |
|------------------|---|
|                  | (Except Rompers who will be cared for until 4:30 p.m.)  |
| 3:00-4:30        | Family Activity Time—Organized activities for the whole family, including pedal-karts, sling shots, archery, rocket building, treasure hunt, rifle shooting, fishing pole game, and other fun activities. |
| 3:00-5:30        | Free Swim   |
| 3:00-4:30        | Arts & Crafts Free Time   |
| 4:30             | Pick up children from Rompers   |
| 5:00-Blue Shift  | Dinner  |
| 5:45-Green Shift | Dinner  |
| 7:00             | Family Home Evening Time  |
| 6:30-9:30        | Arts and Crafts Free Time   |
| 6:30-8:00        | Free Swim   |
| 10:00            | Store closes  |

## Tuesday

\*\*\*\* **BLUE & GREEN meal times will switch for Lunch and Dinner\*\*\*\***

|                   |  |
|-------------------|--|
| 7:00-8:00         | Lap Swim   |
| 7:30              | Store opens  |
| 8:00-9:00         | Breakfast—Both shifts  |
| 9:15 -12:00       | Age Groups meet for educational and recreational programs                                  |
| 9:15-12:00        | Arts and Crafts Free Time  |
| 9:30-10:30        | Guest Lecture Seminar  |
| 9:30-11:30        | Adults (21 and older) Air Rifle Workshop and Competition—East side of ball field (sign-up) |
| 11:15-12:00       | Adult Free Swim/Water Aerobics Instruction   |
| 12:00-12:30 pm    | Free Swim  |
| 12:00-Green Shift | Lunch ( <b>Sign up by 1:00 pm for Wednesday sack lunches.</b> )                            |
| 12:45-Blue Shift  | Lunch ( <b>Sign up by 1:00 pm for Wednesday sack lunches.</b> )                            |
| 1:15-3:00         | Aspen Grove Grand Prix—Basketball Court (sign-up)  |
| 1:30-4:30         | Age Groups meet for educational and recreational programs                                  |
| 1:30-4:30         | Arts and Crafts Free Time  |
| 1:30-4:00         | Adults Ropes Course  |
| 1:45-2:45         | Guest Lecture Seminar  |
| 3:30-4:30         | Adult Softball Game – Ball field   |
| 4:30-5:00         | Free Swim  |
| 4:30              | Pick up children from groups   |
| 5:00-Green Shift  | Dinner   |
| 5:45-Blue Shift   | Dinner   |
| 6:30-7:45         | Frontier Night —Ball field   |
| 7:00-9:30         | Arts & Crafts Free Time  |
| 10:00             | Store closes   |

## Wednesday

|                |   |
|----------------|---|
| 6:30 am        | “Early Bird” Breakfast and Sack Lunch (Sign-up by Tues. 1:00 pm)                      |
| 7:00-8:00      | Lap Swim  |
| 7:30           | Store opens   |
| 8:00-9:00      | Breakfast—Both shifts   |
| 9:15-12:00     | Age Groups meet for educational and recreational programs                             |
| 9:15-12:00     | Arts and Crafts Free Time   |
| 9:30-10:30     | Guest Lecture Seminar   |
| 9:30-10:30     | Dodge Ball—Basketball court   |
| 10:30-12:30    | Archery Workshop and Competition—Ball field (no sign-up)                              |
| 10:30-12:00    | Water Coloring instruction—Meet at Arts and Crafts                                    |
| 11:15-12:00    | Adult Free Swim/ Water Aerobics Instruction—Pool                                      |
| 12:00-12:30 pm | Free Swim   |
| 12:30 pm       | BBQ Lunch for Adults, Teens, Cougars, and Panthers (other ages eat with their groups) |
| 1:30-4:30      | Arts and Crafts Free Time   |
| 1:30-2:45      | “Dance Dance Revolution” competition –Aspen Room                                      |
| 1:45-2:45      | Guest Lecture Seminar   |

4:30-5:00 Free Swim  
 4:30 Pick up Children from groups  
 5:00-Green Shift Dinner  
 5:45-Blue Shift Dinner  
 6:00 Sign-up in store for Thursday Family Ropes Course  
 6:30-8:00 Free Swim  
 6:30-9:30 Arts and Crafts Free Time  
 7:30 Family Movie "National Treasure 2"—Amphitheater or Timpanogos A  
 8:45-10:30 Teen/Young Adult Night Games—Ball field  
 10:00 Store closes

**Thursday**

7:00-8:00 am Lap Swim  
 7:30 Store opens  
 8:00-9:00 Breakfast—Both shifts  
 9:15 Age Groups meet for educational and recreational programs  
 9:15-12:00 Arts and Crafts Free Time  
 9:30-10:30 Guest Lecture Seminar  
 9:15-12:00 Family High Ropes Course—Sign-up in store starting Wednesday at 6:00 p.m.  
 9:30-12:00 Family Climbing Tower – No sign up required  
 10:30-12:00 Adult Scrapbook Time—Arts and Crafts  
 10:45-12:00 Teen and Young Adult Fireside—Timpanogos A  
 11:30-12:00 Adult Free Swim  
 12:00 -12:30 pm Free Swim  
 12:00-Green Shift Lunch  
 12:45-Blue Shift Lunch  
 1:30 Age Groups meet for educational and recreational programs  
 1:30-4:30 Arts and Crafts Free Time  
 1:45-2:45 Guest Lecture Seminar  
 3:00 Parents will meet Cubs through Young Adults at the pool  
 (Romper through Bobcats will be cared for until 4:30 p.m.)  
 3:00-4:30 Water Frolics  
 4:30-5:00 Free Swim  
 4:30 Pick up Children from age groups  
 5:00-Green Shift Dinner  
 5:45-Blue Shift Dinner  
 6:15-6:45 **Arts and Crafts center open to pick up projects only.** The Arts and Crafts center will be closed on Friday.  
 7:00 Closing Show—Presented by the children –Amphitheater  
 8:00-9:15 Family Dance  
 9:15-10:45 Teen Dance  
 10:00 Store closes

**Friday**

7:00 Begin cabin checkout  
 7:30 Store opens  
 8:00 Breakfast—Both shifts  
**BY 10:00 am** Return cabin keys to office, sign guest register, check lost & found, pick up family pictures, & turn in evaluation sheets  
 11:00 am Camp store close.

## Swimming Pool Schedule

### Normal Hours

7:00-8:00 a.m.

9:30-5:00 p.m. except during lunch from 12:30-1:30 p.m. and during Aspen Follies

Evenings vary

**\*Adults are welcome anytime the pool is open.**

### Saturday

3:00-5:00 pm Free Swim

### Monday

7:00-8:00 am Lap Swim  
9:30-10:15 Bobcat/ Wildcat Swim  
10:15-11:00 Young Adult/ Teen /Kitten Swim  
11:00-11:45 Cougar/Cub/Panther Swim  
11:45-12:30 pm Free Swim  
3:00 - 5:30 Free Swim  
6:30-8:00 Free Swim

### Tuesday

7:00-8:00 am Lap Swim  
9:30-10:30 Cub/Panther Swim  
10:30-11:45 Stomper/Teen Swim  
11:15-12:00 Adult Free Swim/Water Aerobics  
12:00-12:30 Free Swim  
1:30-2:30 Cougar/Kitten Swim  
2:30-3:30 Young Adult /Tromper Swim  
3:30-4:30 Wildcat/Bobcat Swim  
4:30-5:00 Free Swim

### Wednesday

7:00-8:00 am Lap Swim  
9:30-10:30 Kitten/Panther Swim  
10:30- 11:30 Young Adult/Bobcat Swim  
11:15-12:00 pm Adult Free Swim/Water Aerobics  
12:00-12:30 Free Swim  
1:30-2:30 Teen/Tromper Swim  
2:30-3:30 Cub/Wildcat Swim  
3:30-4:30 Cougar/Stomper Swim  
4:30-5:00 Free Swim  
6:30-8:00 Free Swim

### Thursday

7:00-8:00 am Lap Swim  
9:30-10:15 Bobcat Swim  
10:15-11:00 Wildcat/ Stomper  
11:00-11:45 Tromper/Cub Swim  
11:30-12:00 pm Adult Free Swim  
12:00-12:30 Free Swim  
1:30-2:15 Kitten/ Panther Swim  
2:15-3:00 Young Adults/Teen  
3:00-4:30 Water Frolics  
4:30-5:00 Free Swim

## High Adventure Schedule

### Monday

9:30-12:00 Adults ropes course

### Tuesday

9:15-12:15 Cougars ropes course (Sign-up required)  
9:15 Bobcats – climbing tower  
10:45 Panthers – climbing tower  
1:30-4:30 Adults ropes course  
1:30 Wildcats – climbing tower  
2:45 Kittens – climbing tower  
3:45 Cubs – climbing tower

### Wednesday

9:15-12:00 Teens (13-15) ropes course  
1:30-4:00 Young Adults (16-25) ropes course

### Thursday

9:15-12:00 Family High Ropes Course (Sign-up in Store starting Wednesday at 6:00 pm)  
9:30-12:00 Family Climbing Tower (No sign up required)

## Arts & Crafts and Nature Schedules

### **Monday**

9:15 am-12:00 Free Time  
3:00-4:30 pm Free Time  
8:00-9:30 pm Free Time

### **Age Group Schedule**

9:30-10:15 Young Adult  
10:15-11:00 Cougar Crafts  
11:00-11:45 Bobcat Crafts

### **Tuesday**

9:15 am-12:00 Free Time  
1:30-4:30 pm Free Time  
  
  
  
  
  
7:00-9:30 pm Free Time

### **Age Group Schedule**

9:30-10:30 Teen Crafts  
11:00-11:45 Wildcat Crafts  
1:30 -2:15 Panther Crafts  
2:15-3:00 Bobcat Crafts  
3:00-3:45 Cub Crafts  
3:45-4:30 Kitten Crafts

### **Wednesday**

9:15 am-12:00 Free Time  
1:30-4:30 pm Free Time  
6:30-9:30 pm Free Time

### **Age Group Schedule**

9:30-10:15 Wildcat Crafts  
10:15-11:00 Cubs Crafts  
11:00-11:45 Tromper Crafts  
2:30-3:15 Cougar Crafts  
3:30-4:15 Kitten Crafts

### **Thursday**

9:15 am-12:00 Free Time  
1:30-4:30 pm Free Time  
6:15-6:45 **(Pick up projects only. No Sales.)**

### **Age Group Schedule**

9:30-10:15 Panther Crafts

### **Pottery Sign-up/Workshops** (Sign-up at Arts and Crafts)

#### **Monday**

9:30-10:30 am  
10:30-11:30

#### **Tuesday**

9:30-10:30 am  
10:30-11:30  
1:30-2:30 pm  
2:30-3:30  
3:30-4:30

#### **Wednesday**

9:30-10:30 am  
10:30-11:30  
1:30-2:30 pm  
2:30-3:30  
3:30-4:30